


BREAKFAST

Jan 6, Jan 27, Feb 24, Mar 17

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HYDRATION	Apple & orange juice Tea & coffee Oat & soya milk				
HOT ITEMS	Back bacon Scrambled egg	Mini croissants Mini Danish pastries	Butcher sausages Vegetarian sausages Potato waffles Grilled tomatoes	Chocolate twists Cinnamon swirls	Back bacon Roasted close cup mushrooms Boiled eggs
DAILY BREAKFAST ITEMS	Cereal Fruits Jams and preserves Tea and coffee Toast and spreads	Cereal Fruits Jams and preserves Tea and coffee Toast and spreads	Cereal Fruits Jams and preserves Tea and coffee Toast and spreads	Cereal Fruits Jams and preserves Tea and coffee Toast and spreads	Cereal Fruits Jams and preserves Tea and coffee Toast and spreads

SUPPER

Jan 6, Jan 27, Feb 24, Mar 17

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MAIN COURSE ONE	Open Philly cheese steak ciabattas Cuban chicken sandwiches		Butchers pork meatballs in a rich tomato sauce	Korean chicken Boa buns	Jacket potato bar	Pork and herb Bolognese	Braised beef gnocchi
VEGETARIAN	Loaded veggie melt	Bean burger	Vegan meatballs	Pulled portobello Boa bun	Tuna mayo Beef chilli Baked beans cheese	Plant based Bolognese	Med vegetable gnocchi with pesto
ON THE SIDE	Parmesan garlic wedges Onion rings Caeser salad planks	Celery salt fries Corn on the cob Dips Hot sauce	Spaghetti pasta Garlic and rosemary focaccia Krispy kale	Oriental salads 5 spice fries dips	Soup Selection of crisps Crunchy salads	Spaghetti Garlic bread Parmesan cheese Roasted med veg	Crusty bread Carrots and peas

**SERVED WITH A SALAD BAR
CUT FRUITS
HOT & COLD DESSERTS**

BREAKFAST

Jan 13, Feb 3, Mar 3, Mar 24

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HYDRATION	Apple & orange juice Oat & soya milk				
HOT ITEMS	Pork sausage Vegetarian sausage Grilled tomatoes Boiled eggs	Croissants Danish pastries	Back bacon Poached eggs Baked beans	Ham and cheese pastries Pain au chocolates	Maple glazed sausage Vegetarian sausage Hash browns mushrooms
DAILY BREAKFAST ITEMS	Cereal Fruits Jams and preserves Tea and coffee Toast and spreads	Cereal Fruits Jams and preserves Tea and coffee Toast and spreads	Cereal Fruits Jams and preserves Tea and coffee Toast and spreads	Cereal Fruits Jams and preserves Tea and coffee Toast and spreads	Cereal Fruits Jams and preserves Tea and coffee Toast and spreads

SUPPER

Jan 13, Feb 3, Mar 3, Mar 24

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MAIN COURSE ONE	CHINESE TAKEAWAY SYTLE Sweet and sour pork Crispy shredded chicken	Chicken Milanese	PROPER BURGERS 	MEXICAN THEMED NIGHT Burritos, Tacos, Nachos,	Traditional Beef lasagne	FAKEWAY Stone baked dominoes style Pizza selection	Chicken tikka pie
VEGETARIAN	Crispy tofu bites	Quorn Milanese	Falafel, hummus and slaw wrap	Pulled sweet potato taco	Tomato, feta and olive cannelloni	Loaded pizza	Vegetable pie
ON THE SIDE	Egg fried rice Crispy kale Chow Mein noodles Prawn crackers	Spaghetti pasta Rich tomato sauce Parmesan cheese Roasted garlic aubergines	Fries Cheese slices Sauces Onions	Sides sauces	Crusty rolls Tossed salad coleslaw	Potato wedges Garlic dip salad	Roasted new potatoes Green beans

**SERVED WITH A SALAD BAR
 CUT FRUITS
 HOT & COLD DESSERTS**

BREAKFAST

Jan 20, Feb 10, Mar 10

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HYDRATION	Apple & orange juice Tea & coffee Oat & soya milk				
HOT ITEMS	Back bacon Hash browns Scrambled egg	Pain au chocolates Danish pastries	Sausages Vegetarian sausages Heel tap potatoes Baked beans	Croissants Chocolate twists	Back bacon Fried eggs Roasted close cup mushrooms
DAILY BREAKFAST ITEMS	Cereal Fruits Jams and preserves Tea and coffee Toast and spreads	Cereal Fruits Jams and preserves Tea and coffee Toast and spreads	Cereal Fruits Jams and preserves Tea and coffee Toast and spreads	Cereal Fruits Jams and preserves Tea and coffee Toast and spreads	Cereal Fruits Jams and preserves Tea and coffee Toast and spreads

SUPPER

Jan 20, Feb 10, Mar 10

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MAIN COURSE ONE	Chefs choice pasta bar	Tomato and BBQ meatball sub melts	Sticky BBQ baby back ribs	Ramen noodle bar Variety of meats	BBQ and maple glazed chicken thighs	Katsu crispy chicken curry	Roast dinner Turkey and pork shoulder
VEGETARIAN	Chefs sauce of the day	Quorn bite subs	Jumbo veg skewers	Ramen noodle bar	Sticky glazed aubergine	Tempura vegetables	Vegetable loaf
ON THE SIDE	Cheesy garlic sourdough pizza bread Italian salads	Curly fries Slaw Pickled onions salad	Seasonal slaw Tartare sauce Salad planks	Egg Noodles Spicy Thai Broth Shredded veg toppings eggs	Crispy mac and cheese balls Charred buttery corn cob	Rice Roasted peppers poppadum's	Roasties Cauliflower cheese Root veg Gravy Yorkshire puddings Stuffing balls

**SERVED WITH A SALAD BAR
CUT FRUITS
HOT & COLD DESSERTS**