

# Lunch

Jan 6, Jan 27, Feb 24, Mar 17

Week 1 SENIOR	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SOUP</b>	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
<b>MAIN MEAL</b>	Mild tikka Chicken curry	Exmoor pork and herb Bolognese	Traditional Cottage pie	Sweet and sour chicken	Sustainable battered pollock fillet with tartare sauce
<b>MEAT FREE VEGETARIAN</b>	Japanese inspired vegetable curry	5 bean and spinach Bolognese	Lentil and butternut filo pie	Sweet and sour Quorn fillet	Battered vegan sausage
<b>ON THE SIDE</b>	Basmati rice Smashed poppadum's Green beans Mango chutney	Spaghetti pasta Parmesan cheese Sweetcorn	Mashed potato Carrots and peas	Egg noodles Prawn crackers Green beans and broccoli	Triple cooked chips Peas Baked beans
<b>DESSERT</b>	Ice cream	Apple and cinnamon crumble with custard	Sticky toffee pudding and toffee cream	Vanilla Rice pudding and jam sauce	Chocolate brownie
<b>EVERY DAY</b>	Jacket potato with cheese and beans  Pasta bar with sauce of the day	Jacket potato with cheese and beans  Pasta bar with sauce of the day	Jacket potato with cheese and beans  Pasta bar with sauce of the day	Jacket potato with cheese and beans  Pasta bar with sauce of the day	Jacket potato with cheese and beans  Pasta bar with sauce of the day

# Lunch

Jan 13, Feb 3, Mar 3, Mar 24

Week 2 SENIOR	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SOUP</b>	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
<b>MAIN MEAL</b>	Chicken and ham carbonara	Pork chilli nachos	Honey roast pork sausages and fried onions	3 cheese macaroni cheese	BBQ chicken burger Battered pollock fillet
<b>MEAT FREE VEGETARIAN</b>	Garlic mushroom and edamame bean and red pepper carbonara	Lentil and bean chilli	Quorn sausage and roasted root vegetables	Macaroni cheese	spicy vegetable burger with pickled red onions
<b>ON THE SIDE</b>	Herby linguini Parmesan cheese peas	Long grain rice sweetcorn Salsa, guacamole, cheese, sour cream	New potatoes Rich gravy Carrots Yorkshire puddings	Garlic slice Broccoli	Skinny seasoned fries Petit pois Baked beans
<b>DESSERT</b>	Chocolate chip sponge and custard	Warm flapjack slice	Lemon shortbread and custard	Jam doughnut	Giant cookie
<b>EVERY DAY</b>	Jacket potato with cheese and beans Pasta bar with sauce of the day	Jacket potato with cheese and beans Pasta bar with sauce of the day	Jacket potato with cheese and beans Pasta bar with sauce of the day	Jacket potato with cheese and beans Pasta bar with sauce of the day	Jacket potato with cheese and beans Pasta bar with sauce of the day

# Lunch

Jan 20, Feb 10, Mar 10

Week 3 SENIOR	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SOUP</b>	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
<b>MAIN MEAL</b>	BBQ Boston beef chilli	Chicken thigh and chorizo ragu	Slow roasted pork shoulder and apple sauce Or Baked chicken leg	<b>Sausage bar</b> Butcher classic sausage Pork & leek sausage Chicken sausages Vegetarian sausage toad in the hole	Margherita pizza slice Or battered pollock fillet with lime mojo mayonnaise
<b>MEAT FREE VEGETARIAN</b>	5 bean and roasted red pepper chilli	Spicy tomato ariabata with chunky vegetables	Roasted vegetable hotpot with dumpling		Margherita pizza
<b>ON THE SIDE</b>	Long grain rice Nacho chips Salsa Sour cream Cheese	Wholemeal penne pasta Broccoli Green beans	Fluffy roast potatoes Peas and cabbage gravy Yorkshire pudding	Mash Potato Sweetcorn and Onion gravy	Chips Peas Baked beans
<b>DESSERT</b>	Maple-soaked Pancakes with autumn berry coulis	Chocolate sponge with chocolate custard	Strawberry cheesecake	Fruit crumble and custard	Biscoff muffins tray bake
<b>EVERY DAY</b>	Jacket potato with cheese and beans Pasta bar with sauce of the day	Jacket potato with cheese and beans	Jacket potato with cheese and beans Pasta bar with sauce of the day	Jacket potato with cheese and beans Pasta bar with sauce of the day	Jacket potato with cheese and beans Pasta bar with sauce of the day