

Apr 21st, May 12th
June 9th, June 30th

LUNCH

WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
MAIN MEAL	Swedish meatballs in a tomato sauce	Battered chicken bites	Lasagna	Korean pan fried pork	Oven baked fish fingers
MEAT FREE VEGETARIAN	Vegan meatballs	Homemade vegetarian nuggets	Vegetarian lasagna	Korean tofu	Breaded halloumi
SIDES	Lemon & thyme rice Green beans	Sauté potatoes Steamed greens	Italian bread Seasonal vegetables	Stir fry noodles Garlic vegetables	Chips Garden peas Baked beans
JACKET/PASTA BAR	Jacket potato with beans & cheese	Jacket potato with beans & cheese	Jacket potato with beans & cheese	Jacket potato with beans & cheese	Jacket potato with beans & cheese
	Pasta bar with sauce of the day	Pasta bar with sauce of the day	Pasta bar with sauce of the day	Pasta bar with sauce of the day	Pasta bar with sauce of the day
DESSERT	Steamed syrup sponge with custard	Apple crumble & cinnamon crumble	Giant cookie	Fresh cut fruit & yoghurt	Chocolate brownie
EVERY DAY	SELECTION OF FRESHLY CUT & WHOLE FRUITS				
HYDRATION	Cucumber & mint	Grapefruit, Lemon & lime	Watermelon & rosemary	Strawberry & basil	Orange & mango

FOUNDED IN 1997

HOLROYD HOWE

FEEDING INDEPENDENT MINDS

Apr 28th, May 19th,
June 16th, July 7th.

LUNCH

WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
MAIN MEAL	Chicken & chorizo ragu	Classic beef chili	Pulled BBQ pork	Sweet & sour chicken	Cheese & tomato pizza <u>Toppings</u> Pineapple, Pepperoni, Peppers, Ham, chorizo
MEAT FREE VEGETARIAN	Spicy tomato ariabata with chunky vegetables	Lentil & bean chili	Pulled mushroom falafels	Chinese style Quorn	
SIDES	Steamed rice Broccoli	Tortilla chips Steamed rice Salsa, guacamole, sour cream	Rosemary & garlic potatoes Corn on the cob	Noodles Prawn crackers Green bean & broccoli	Chips Garden peas
JACKET/PASTA BAR	Jacket potato with beans & cheese Pasta bar with sauce of the day	Jacket potato with beans & cheese Pasta bar with sauce of the day	Jacket potato with beans & cheese Pasta bar with sauce of the day	Jacket potato with beans & cheese Pasta bar with sauce of the day	Jacket potato with beans & cheese Pasta bar with sauce of the day
DESSERT	Cornflake cake	Sticky toffee pudding	Iced sponge with sprinkles	Fresh fruit & yoghurt	Flap jack
EVERY DAY	SELECTION OF FRESHLY CUT & WHOLE FRUITS				
HYDRATION	Cucumber & mint	Grapefruit, Lemon & lime	Watermelon & rosemary	Strawberry & basil	Orange & mango

FOUNDED IN 1997

HOLROYD HOWE

FEEDING INDEPENDENT MINDS

May 5th, June 2nd,
June 23th.

LUNCH

WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
MAIN MEAL	Pork chipolatas Chicken sausages	Beef spaghetti bolognaise	Roasted loin of pork	Chicken & mango curry	Battered fish fillet
MEAT FREE VEGETARIAN	Vegan sausages	Quorn bolognaise	Roasted vegetable hotpot with dumplings	Sweet potato curry	Vegetable falafel
SIDES	Paprika & parsley potato Peas & carrots Onion gravy	Garlic bread Steamed carrots & sweetcorn	Yorkshire pudding Gravy Roast potatoes Seasonal vegetables	Mini naan Steamed rice Mango chutney	Chips Baked beans Garden peas
JACKET/PASTA BAR	Jacket potato with beans & cheese Pasta bar with sauce of the day	Jacket potato with beans & cheese Pasta bar with sauce of the day	Jacket potato with beans & cheese Pasta bar with sauce of the day	Jacket potato with beans & cheese Pasta bar with sauce of the day	Jacket potato with beans & cheese Pasta bar with sauce of the day
DESSERT	Chocolate pudding	Fresh fruit & yoghurt	Fruit ice lolly or ice cream	Fruit crumble & custard	Biscoff muffin traybake
EVERY DAY	SELECTION OF FRESHLY CUT & WHOLE FRUITS				
HYDRATION	Cucumber & mint	Grapefruit, Lemon & lime	Watermelon & rosemary	Strawberry & basil	Orange & mango