

LUNCH

Junior
WEEK 1

Apr 21st, May 12th, June 9th, June 30th.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Beef Spaghetti bolognaise	Battered chicken bites	Roast beef or chicken	Swedish meatballs in a tomato sauce	Oven baked fish fingers
MAIN MEAL	Quorn bolognaise	Homemade vegetarian nuggets	Cheese & tomato pinwheels	Vegan meatballs	Breaded halloumi
ON THE SIDE	Bread rolls Steamed carrots & sweetcorn	Sauté potatoes Steamed greens	Yorkshire pudding Gravy Roast potatoes Seasonal vegetables	Crushed potatoes Green beans	Chips Garden peas Baked beans
DESSERT	Steamed syrup sponge with custard	Fresh cut fruit & yoghurt	Giant cookie	Fresh cut fruit & yoghurt	Chocolate brownie
EVERY DAY	Jacket potato with cheese & beans Pasta of the day	Jacket potato with cheese & beans Pasta of the day	Jacket potato with cheese & beans Pasta of the day	Jacket potato with cheese & beans Pasta of the day	Jacket potato with cheese & beans Pasta of the day

Apr 21st, May 12th
June 9th, June 30th

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WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
MAIN MEAL	Swedish meatballs in a tomato sauce	Battered chicken bites	Lasagna	Korean pan fried pork	Oven baked fish fingers
MEAT FREE VEGETARIAN	Vegan meatballs	Homemade vegetarian nuggets	Vegetarian lasagna	Korean tofu	Breaded halloumi
SIDES	Lemon & thyme rice Green beans	Sauté potatoes Steamed greens	Italian bread Seasonal vegetables	Stir fry noodles Garlic vegetables	Chips Garden peas Baked beans
JACKET/PASTA BAR	Jacket potato with beans & cheese	Jacket potato with beans & cheese	Jacket potato with beans & cheese	Jacket potato with beans & cheese	Jacket potato with beans & cheese
	Pasta bar with sauce of the day	Pasta bar with sauce of the day	Pasta bar with sauce of the day	Pasta bar with sauce of the day	Pasta bar with sauce of the day
DESSERT	Steamed syrup sponge with custard	Apple crumble & cinnamon crumble	Giant cookie	Fresh cut fruit & yoghurt	Chocolate brownie
EVERY DAY	SELECTION OF FRESHLY CUT & WHOLE FRUITS				
HYDRATION	Cucumber & mint	Grapefruit, Lemon & lime	Watermelon & rosemary	Strawberry & basil	Orange & mango

FOUNDED IN 1997

HOLROYD HOWE

FEEDING INDEPENDENT MINDS