





Junior

Apr 28th, May 19th, June 16th, July 7th.

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Pork bolognaise	Sandwich & soup bar Tuna mayonnaise Coronation chicken	Roast Gammon or chicken	Chicken or beef burger	Cheese & tomato pizza <u>Toppings</u> Pineapple
MAIN MEAL	Creamy roasted tomato & basil	Egg mayo Gammon slice Tomato soup	Cheese & tomato pinwheels	Quorn burger	Pepperoni Peppers Ham
ON THE SIDE	Garlic bread Salad bar	Baguette or sliced bread Crisps & salads	Yorkshire pudding Gravy Roast potatoes Seasonal vegetables	Oven baked potato wedges Corn on the cob	Chips Seasonal salad bar
DESSERT	Cornflake cake	Fresh cut fruit & yoghurt	Iced sponge with sprinkles	Fresh cut fruit & yoghurt	Jelly pots
EVERY DAY	Jacket potato with cheese & beans Pasta of the day	Jacket potato with cheese & beans Pasta of the day	Jacket potato with cheese & beans Pasta of the day	Jacket potato with cheese & beans Pasta of the day	Jacket potato with cheese & beans Pasta of the day

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LUNCH

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
SOUP	Soup of the day						
MAIN MEAL	Chicken & chorizo ragu	Classic beef chili	Pulled BBQ pork	Sweet & sour chicken	Cheese & tomato pizza <u>Toppings</u>		
MEAT FREE VEGETARIAN	Spicy tomato ariabata with chunky vegetables	Lentil & bean chili	Pulled mushroom falafels	Chinese style Quorn	Pineapple, Pepperoni, Peppers, Ham, chorizo		
SIDES	Steamed rice Broccoli	Tortilla chips Steamed rice Salsa, guacamole, sour cream	Rosemary & garlic potatoes Corn on the cob	Noodles Prawn crackers Green bean & broccoli	Chips Garden peas		
JACKET/PASTA BAR	Jacket potato with beans & cheese Pasta bar with sauce of the day	Jacket potato with beans & cheese Pasta bar with sauce of the day	Jacket potato with beans & cheese Pasta bar with sauce of the day	Jacket potato with beans & cheese Pasta bar with sauce of the day	Jacket potato with beans & cheese Pasta bar with sauce of the day		
DESSERT	Cornflake cake	Sticky toffee pudding	Iced sponge with sprinkles	Fresh fruit & yoghurt	Flap jack		
EVERY DAY	SELECTION OF FRESHLY CUT & WHOLE FRUITS						
HYDRATION	Cucumber & mint	Grapefruit, Lemon & lime	Watermelon & rosemary	Strawberry & basil	Orange & mango		

