

# BEACHWISE

Enjoy your local beaches safely this Summer

[www.Beachwise.org](http://www.Beachwise.org)

## When you arrive

### Stop & Look

Choose a safe area & consider other beach users

## Having fun safely

### Stay together

Watch for wind/sea drift, rip currents & weather changes

## When you leave

### Leave only footprints

Fill in any holes in the sand  
Prom safety (bikes, scooters)



Use a dedicated swim & bodyboard area that is patrolled by lifeguards



Your local patrolled beaches are;

Alum Chine

Boscombe Pier East & West

Bournemouth Pier East Cliff & West Cliff

Branksome Chine

Durley Chine

Sandbanks & Shore Road



## Beach Cleans

Join our **Beach cleans**, see [www.beachwise.org](http://www.beachwise.org) for details. Every piece of litter collected makes a vital difference, safeguarding our wildlife, reducing plastic pollution in the marine ecosystem, and preserving our beautiful coastline for the community and visitors alike.

Contact Jonathan 07545 697597



Enjoy your local beaches safely this Summer



**SLIP**



**SLOP**



**SLAP**



**SEEK**



**SLIDE**

## If someone needs help in the sea...

**CALL**

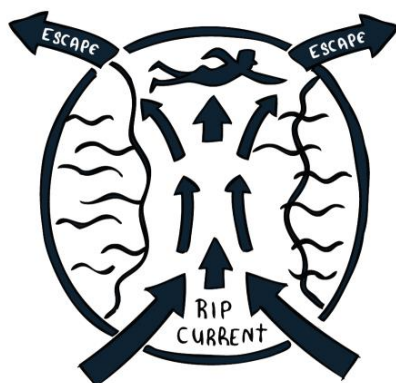
parent, Lifeguard, 999 or 112  
and ask for the Coastguard

**TELL**

them to float on their back,  
keep calm, keep them in sight

**THROW**

them something that floats,  
don't go in the water yourself



**Rip Currents;**  
**STAY CALM, FLOAT,**  
**SWIM SIDEWAYS**



**Your local surf life saving club**

Branksome Chine Surf Life Saving Club  
www.branksomechineslsc.org.uk  
Contact Jonathan 07545 697597

