

BREAKFAST

Sept 1, Sept 22, Oct 13, Nov 10, Dec 1.

The
WOODLAND
KITCHEN

WEEK 1

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

Main

Bacon & Avo Bagel

Egg Benedict
Ham, Egg, Spinach

Congee Bar
& Toppings

Pancakes, Maple Bacon,
Scrambled Egg

Full English

Boxed
Sweet Waffles ,
Selection of toppings

Boxed
Bacon / Sausage Bap

Main
Vegetarian

Roast Balsamic tomato
& Avo Bagel

Egg Bennedict
Spinach , Flat
Mushroom

Congee Bar
& Toppings

Pancakes, Scrambled
Egg, Jack fruit

Vegetarian English

Boxed
Sweet Waffles ,
Selection of toppings

Boxed
Vegetarian Sausage Bap

Daily

Hash Browns

Hash Browns

Hash Browns

Hash Browns

Hash Browns

Hash Browns

Hash Browns

Bread

Toast Station
Butter , Preserves

Toast Station
Butter , Preserves

Toast Station
Butter , Preserves

Toast Station
Butter , Preserves

Toast Station
Butter , Preserves

Toast Station
Butter , Preserves

Toast Station
Butter , Preserves

Fresh Pastries

Fresh Pastries

Fresh Pastries

Fresh Pastries

Fresh Pastries

Daily
selection

Selection Of Cereals
Fresh Cut Fruit
Yoghurt With Toppings

Selection Of Cereals
Fresh Cut Fruit
Yoghurt With Toppings

Selection Of Cereals
Fresh Cut Fruit
Yoghurt With Toppings

Selection Of Cereals
Fresh Cut Fruit
Yoghurt With Toppings

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Fresh Cut Fruit
Yoghurt With Toppings



For allergen & nutritional
information, please speak
to a member of the team.



Crustaceans



Eggs



Tree Nuts



Mustard



Celery



Soybeans



Sesame
Seeds



Milk



Fish



Peanuts



Lupin



Gluten



Sulphur
Dioxide



Molluscs

LUNCH

Sept 1, Sept 22, Oct 13, Nov 10, Dec 1.

The
**WOODLAND
KITCHEN**

WEEK 1

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

SOUP

Sweet Potato &
Coconut Soup with
Homemade Bread &
Topping station

Parsnip and Carrot
Soup with Homemade
Bread & Topping
station

Leek & Potato Soup
with Homemade Bread
& Topping station

Miso Soup with
Homemade Bread &
Topping station

Winter Broth with
Pearl Barley with
Homemade Bread &
Topping station

Boxed

Boxed

MAINS

Pulled Pork Burger
With Apple Slaw

Barbacoa Beef

Herb Rubbed Roast
Chicken

Build your own Mac &
Cheese Bar

Fish Shop Friday
Battered Sausage

Grazing Board

Chicken, Salmon,
Sausage roll

Panini Station

Ham & Cheese

MAINS (V)

Squash & Spinach Pasta
with Super Seed
Topper

Chipotle BBQ pulled
Jackfruit

Butternut Squash &
Feta Parcel

Halloumi Steak with
Borlotti Chimichurri
Sauce

Sweet potato &
Chickpea Falafel
Flatbread with Mint
Yoghurt

Grazing Board
Falafel, Frittata, Cheese

Panini Station
Pesto Roast Veg & Brie

JACKETS
OR PASTA

Jacket & Sweet
Potatoes, Baked Roots
Pasta bar

Jacket & Sweet
Potatoes, Baked Roots
Pasta bar

Jacket & Sweet
Potatoes, Baked Roots
Pasta bar

Jacket & Sweet
Potatoes, Baked Roots
Pasta bar

Jacket & Sweet
Potatoes, Baked Roots
Pasta bar

SIDES

Corn on the Cob, Peri
wedges, Mucho Peas

Spicy rice, Roasted
Cauliflower, Street
corn Salsa

Honey roast Carrots &
Parsnips, Green
Beans, Roast Potatoes

Toppings: Pulled Beef
Shin, Roasted Med Veg,
Crispy Onions Sides:
Garlic Bread, Tomato &
Rocket Salad

Chips, Peas & Mushy
Peas, Curry Sauce,
Beans, Chip Shop
Gravy

Roast Veg
Focaccia
Olives
Hummus
Chutney / Sauces

Cesar Salad
Ham cooked potato
chips

DESSERT

Raspberry Blondies

Assorted selection of
Dessert pots, Cut fruit
& Yoghurt pots

Lemon & Poppyseed
Shortbread

Assorted selection of
Dessert pots, Cut fruit
& Yoghurt pots

Chocolate Marble Cake
with Chocolate Sauce

Assorted selection of
Dessert pots, Cut fruit
& Yoghurt pots

Berry Mess

Assorted selection of
Dessert pots, Cut fruit
& Yoghurt pots

American Pancakes,
Fruit Compote, Ice
cream
Assorted selection of
Dessert pots, Cut fruit
& Yoghurt pots

Scones Jam & Cream

Tiramisu



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Crustaceans



Eggs



Tree Nuts



Mustard



Celery



Soybeans



Sesame
Seeds



Milk



Fish



Peanuts



Lupin



Gluten



Sulphur
Dioxide



Molluscs

SUPPER

Sept 1, Sept 22, Oct 13, Nov 10, Dec 1.

The
WOODLAND
KITCHEN

WEEK 1

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

SOUP

Sweet Potato & Coconut Soup with Homemade Bread & Topping station

Curried Parsnip Soup with Homemade Bread & Topping station

Leek & Potato Soup with Homemade Bread & Topping station

Asian Beef Broth with Homemade Bread & Topping station

Winter Broth with Pearl Barley with Homemade Bread & Topping station

Cook With Us Box

MAINS

Beef Chilli with Pea mole, Sour Cream & Tomato Salsa

Korean Gochujang Crispy Stir Fry Pork With Ginger and Sesame Topping

Giant Mozzarella filled meatballs with Aribiatta sauce

BBQ Chicken skewers with Pineapple, Lime & Coriander Salsa

Pizza and Wings night

Teriyaki Pork

MAINS (V)

Butter Bean & Paprika Enchiladas

Ginger & Soy Tofu Stuffed Mushroom

Sweetcorn Fritter, Tomato, Chilli & Lime Salsa

Smokey Bean & Red Pepper Stew With Chimichurri Dressing

Pizza night

Chili & Ginger Tofu

JACKETS OR PASTA

Jacket Bar with Toppings

Pasta Bar with Sauces

Jacket Bar with Toppings

Pasta Bar with Sauces

Jacket Bar with Toppings

SIDES

Patatas Bravas, Roasted Carrots

Egg Noodles, Stir Fried Vegetables, Edamame Beans

Roasted Butternut Squash, Tagliatelle, Buttered Savoy Cabbage

Roasted Cauliflower, Green Beans, Peri Peri Rice

Paprika wedges, Ranch sauce, Garlic Mayo

Prawn Crackers Sesame Teder stem Broccoli & Peppers Egg / Rice Noodles

DESSERT

Bread and butter Pudding

Key Lime Pie

Pear & Sultana Sponge with Custard

Ginger Syrup Sponge with Cream

Build your own ice cream bar

Matcha Panna cotta



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Tree Nuts



Mustard



Celery



Soybeans



Sesame Seeds



Milk



Fish



Peanuts



Lupin



Gluten



Sulphur Dioxide



Molluscs

BREAKFAST

Sept 8, Sept 29, Oct 20, Nov 17, Dec 8.

The
WOODLAND
KITCHEN

WEEK 2

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

Main

Sausage & Bean Wrap

Bacon & Brie Croissant

Congee Bar
& Toppings

Pollock Kedgeree &
Boiled Eggs

Full English

Boxed
Smoked Salmon &
Scrabbled Egg English
Muffin

Boxed
Pancake & Toppings

Main
Vegetarian

Pepper, Egg & Bean
Wrap

Cheese & Mushroom
Croissant

Congee Bar
& Toppings

Vegetable Kedgeree &
Boiled Eggs

Vegeterian English

Boxed
Hoi Sin Mushroom &
Scrambled Egg English
Muffin

Boxed
Pancake & Toppings

Daily

Hash Browns

Hash Browns

Hash Browns

Hash Browns

Hash Browns

Hash Browns

Hash Browns

Bread

Toast Station
Butter , Preserves

Toast Station
Butter , Preserves

Toast Station
Butter , Preserves

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Butter , Preserves

Toast Station
Butter , Preserves

Toast Station
Butter , Preserves

Toast Station
Butter , Preserves

Fresh Pastries

Fresh Pastries

Fresh Pastries

Fresh Pastries

Fresh Pastries

Daily
selection

Selection Of Cereals
Fresh Cut Fruit
Yoghurt With Toppings

Selection Of Cereals
Fresh Cut Fruit
Yoghurt With Toppings

Selection Of Cereals
Fresh Cut Fruit
Yoghurt With Toppings

Selection Of Cereals
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Fresh Cut Fruit
Yoghurt With Toppings



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Crustaceans



Eggs



Tree Nuts



Mustard



Celery



Soybeans



Sesame
Seeds



Milk



Fish



Peanuts



Lupin



Gluten



Sulphur
Dioxide



Molluscs

LUNCH

Sept 8, Sept 29, Oct 20, Nov 17, Dec 8.

The
**WOODLAND
KITCHEN**

WEEK 2

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

SOUP

Butternut Squash &
Chilli Soup with
Homemade Bread &
Topping station

Pea & Mint Soup with
Homemade Bread &
Topping station

Carrot & Coriander
Soup with Homemade
Bread & Topping
station

Potato & Cheese Soup
with Homemade Bread
& Topping station

Roasted Parsnip Soup
with Homemade Bread
& Topping Station

Boxed

Boxed

MAINS

Cumberland Sausages
with Onion Gravy

Slow Cooked Beef
Goulash

Roast Pork Loin with
Apple sauce &
Crackling

Chicken & Chorizo
Paella

Fish Shop Friday Beer
Battered Catch of the
day

Ramen Bowl
Roast Pork

Pizza Party
Salami & Hot Honey

MAINS (V)

Vegetable & Bean
Cassoulet with Herb
Crumb

Pesto Gnocchi Gratin

Mushroom & Bean
Stroganoff Pie

Spanish Tortilla

Fish Free Halloumi
Po'boys

Ramen Bowl
Smoked Tofu

Pizza Party
Tomato, Mozzarella &
Basil

JACKETS
OR PASTA

Jacket & Sweet
Potatoes, Baked Roots
Pasta bar

Jacket & Sweet
Potatoes, Baked Roots
Pasta bar

Jacket & Sweet
Potatoes, Baked Roots
Pasta bar

Jacket & Sweet
Potatoes, Baked Roots
Pasta bar

Jacket & Sweet
Potatoes, Baked Roots
Pasta bar

SIDES

Dirty Mash, Onion
Gravy, Peas

Jewelled Rice, Hispi
Cabbage, Roasted
Courgettes

Roasted Carrots,
Steamed
Broccoli, Herby new
Potatoes

Pomegranate
couscous,
Roast Cauliflower,
Green Beans

Chips, Peas & Mushy
Peas, Curry Sauce,
Tartar sauce

Spicy Broth
Shredded Vegetables
Noodles
Toppings
Chilli sauce
Boiled eggs

Pesto Potato Salad
Chop-Chop Salad

DESSERT

Carrot Cake with
Cream Cheese Frosting

Low Sugar Beetroot
Brownie

Mango & Coconut
Cheesecake

Berry & Pear Crumble
with Custard

St Clements Drizzle
Cake with Cream

Berry Mousse

Chocolate Brownie

Assorted selection of
Dessert pots, Cut fruit
& Yoghurt pots

Assorted selection of
Dessert pots, Cut fruit
& Yoghurt pots

Assorted selection of
Dessert pots, Cut fruit
& Yoghurt pots

Assorted selection of
Dessert pots, Cut fruit
& Yoghurt pots

Assorted selection of
Dessert pots, Cut fruit
& Yoghurt pots



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information, please speak
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Crustaceans



Eggs



Tree Nuts



Mustard



Celery



Soybeans



Sesame
Seeds



Milk



Fish



Peanuts



Lupin



Gluten



Sulphur
Dioxide



Molluscs

SUPPER

Sept 8, Sept 29, Oct 20, Nov 17, Dec 8.

The
WOODLAND
KITCHEN

WEEK 2

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

SOUP

Butternut Squash &
Chilli Soup with
Homemade Bread &
Topping station

Pea & Mint Soup with
Homemade Bread &
Topping station

Carrot & Coriander
Soup with Homemade
Bread & Topping
station

Potato & Cheese Soup
with Homemade Bread
& Topping station

Tomato & Basil Soup
with Homemade Bread
& Topping station

Cook With Us Box

MAINS

Cottage Pie

Taco Tuesday
Pulled Pork Tacos

Hoi Sin Chicken Thigh

BBQ Pork Ribs
Buffalo Wings

Greek Style
Lamb Gyros

Peri Peri Chicken

MAINS (V)

Mushroom & Lentil
Pie with Sweet
Potato Top

Taco Tuesday
Roasted Butternut &
Black Bean Tacos

Braised Chilli, Sesame
and Garlic Tofu

Bang Bang Cauliflower
and Haloumi burgers

Aubergine Moussaka

Smashed Avo &
Pumpkin Bagel With
Garlic & Chive
Dressing

JACKETS
OR PASTA

Jacket Bar with
Toppers

Pasta Bar with Sauces

Jacket Bar with
Toppers

Pasta Bar with Sauces

Jacket Bar with
Toppers

SIDES

Sauteed Greens
Roasted Carrots

Corn on the Cob
Guacamole
Tomato & Chilli Salsa
Soured Cream
Peri Peri Wedges

Grilled Pac Choi
Soy Aubergine
Sticky Rice

Garlic & Parsley Corn
Ribs, BBQ beans
Sweet Potato Fries

Warm Tabbouleh
Pitta Breads
Roasted Meg Veg,
Thanini Yoghurt, chilli
sauce, red onion,
lettuce

Lime & Coriander Rice
Street Slaw
Corn Cob

DESSERT

Brookies

Maple Sponge with
Whipped Cream

Dorset Apple Cake

Berry Clafoutis

Pineapple & Cherry
Upside Down Cake

Lemon & Raspberry
Fool



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Sesame
Seeds



Milk



Fish



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Gluten



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Dioxide



Molluscs

BREAKFAST

Sept 15, Oct 6, Nov 3, Nov 24

The
WOODLAND
KITCHEN

WEEK 3

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

Main

Chilli Butter Bean Fried
Egg & Sausage

Breakfast Pork & Egg
Burrito
Salsa Verde

Congee Bar
& Toppings

Spanish Chorizo
Frittata
Spicy salsa

Full English

Boxed
Fruit Muffins

Boxed
Mango & Banana
Overnight Oats

Main
Vegetarian

Creamy Spinach &
Butter beans With
Fried Eggs & Vegetarian
Sausage

Breakfast Pepper, Egg &
Tomato Burrito
Salsa Verde

Congee Bar
& Toppings

Roast Vegetable &
Cheese Frittata
Pesto

Vegeterian English

Boxed
Fruit Smoothie

Boxed
Pain Au Choc

Daily

Hash Browns

Hash Browns

Hash Browns

Hash Browns

Hash Browns

Hash Browns

Hash Browns

Bread

Toast Station
Butter , Preserves

Fresh Pastries

Toast Station
Butter , Preserves

Fresh Pastries

Toast Station
Butter , Preserves

Fresh Pastries

Toast Station
Butter , Preserves

Fresh Pastries

Toast Station
Butter , Preserves

Fresh Pastries

Toast Station
Butter , Preserves

Toast Station
Butter , Preserves

Daily
selection

Selection Of Cereals
Fresh Cut Fruit
Yoghurt With Toppings

Selection Of Cereals
Fresh Cut Fruit
Yoghurt With Toppings

Selection Of Cereals
Fresh Cut Fruit
Yoghurt With Toppings

Selection Of Cereals
Fresh Cut Fruit
Yoghurt With Toppings

Selection Of Cereals
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Fresh Cut Fruit
Yoghurt With Toppings



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information, please speak
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Crustaceans



Eggs



Tree Nuts



Mustard



Celery



Soybeans



Sesame
Seeds



Milk



Fish



Peanuts



Lupin



Gluten



Sulphur
Dioxide



Molluscs

LUNCH

Sept 15, Oct 6, Nov 3, Nov 24

The
**WOODLAND
KITCHEN**

WEEK 3

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

SOUP

Super Greens Soup
with Homemade Bread
& Topping station

French Onion Soup
with Homemade Bread
& Topping station

Sweetcorn Chowder
with Homemade Bread
& Topping station

Roast Tomato Soup
with Homemade Bread
& Topping station

Indian Cauliflower Soup
with Homemade Bread
& Topping station

Boxed

Boxed

MAINS

Classic Beef & Lentil
Bolognese with a
Parmesan crumb & Nut
free Pesto

Jerk Style Chicken Leg
with Jerk Gravy

Honey & Mustard
Roast Gammon

Moroccan Lamb Tagine

Katsu Style Chicken
Curry

Build Your Own Poke
Sweet Chili Salmon

Deli sandwich bar
Reuben
Coronation Chicken

MAINS (V)

Aubergine Parmigiana

Pepper & Sweet Potato
Run Down

Root Vegetable & Lentil
Wellington

Med Veg & Chickpea
Tagine

Crispy Katsu style Soy
Aubergine

Build Your Own Poke
Korean Celeriac

Deli sandwich bar
Stilton, Pea shoot &
Mango
Salmon less cream
cheese & pickled Cue s

**JACKETS
OR PASTA**

Jacket & Sweet
Potatoes, Baked Roots
Pasta bar

Jacket & Sweet
Potatoes, Baked Roots
Pasta bar

Jacket & Sweet
Potatoes, Baked Roots
Pasta bar

Jacket & Sweet
Potatoes, Baked Roots
Pasta bar

Jacket & Sweet
Potatoes, Baked Roots
Pasta bar

SIDES

Penne Pasta, Roast
Carrots, Green Beans

Rice & Peas, Jerk
Gravy, Corn Cob

Honey roast Carrots &
Parsnips, Steamed
Broccoli, Roast
Potatoes

Pomegranate cous
cous, Roast
Cauliflower, Green
Beans

Braised Rice, Stir Fry
Greens, Pickled
Cucumber & Edamame
Salad

Nori
Sesame Rice
Raw Veg selection
Tea Egg's
Bean sprouts
Ginger Dressing

Selection of bread
Ranch salad
Street slaw
Chips

DESSERT

Apple & Berry Crumble
with
Custard Assorted
selection of Dessert
pots, Cut fruit &
Yoghurt pots

Fruit, Coconut & Mixed
seed Flapjack Assorted
selection of Dessert
pots, Cut fruit &
Yoghurt pots

Sticky Toffee Pudding
with Custard
Assorted selection of
Dessert pots, Cut fruit
& Yoghurt pots

Build your own
Yoghurt Bar with
Toppings Assorted
selection of Dessert
pots & Cut fruit

Ice cream Bar
Assorted selection of
Dessert pots, Cut fruit
& Yoghurt pots

Mango Porridge &
Seeds

Strawberry Trifle



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information, please speak
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Crustaceans



Eggs



Tree Nuts



Mustard



Celery



Soybeans



Sesame Seeds



Milk



Fish



Peanuts



Lupin



Gluten



Sulphur Dioxide



Molluscs

SUPPER

Sept 15, Oct 6, Nov 3, Nov 24

The
WOODLAND
KITCHEN

WEEK 3

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

SOUP

Broccoli & Stilton Soup
with Homemade Bread
& Topping station

French Onion Soup
with Homemade Bread
& Topping station

Sweet Potato &
Coconut Soup with
Homemade Bread &
Topping station

Roast Tomato Soup
with Homemade Bread
& Topping station

Potato & Cheese Soup
with Homemade Bread
& Topping station

Cook With Us Box

MAINS

Chicken Shawarma
with Yoghurt Dressing
& Flatbreads

Pork Sausage Chilli
Dogs

Giant Mozzarella filled
meatballs with Aribiatta
sauce

Herb Crusted Sweet &
Sour Chicken balls

Sushi and Gyoza night
with soy and wasabi

Sticky BBQ Ribs

MAINS (V)

Sweet Potato Falafel
with Yoghurt Dressing
& Flatbreads

Vegan Sausage Chilli
Dogs

Butternut and feta Pasty
with buttered mash

Herb Crusted Sweet &
Sour Veggie balls

Vegetarian Sushi

Shroom Burger

JACKETS
OR PASTA

Jacket Bar with
Toppers

Pasta Bar with Sauces

Jacket Bar with Toppers

Pasta Bar with Sauces

Jacket Bar with
Toppers

SIDES

Jewelled pepper Cous
Cous
Roasted Chilli Sauce
Pickled Cucumber,
Green beans, roasted
Carrots

Hot Dog Rolls
Beef Chilli
Bean Chilli
Sauerkraut
Crispy Onions
Nacho Cheese Sauce

Tagliatelle with olive oil,
Pan fried courgettes,
Roasted Carrots

Spicy Noodles
Stir Fry Greens
Asian Slaw

Assorted Gyoza with
sweet chilli

Potato Wedges
Cajun Slaw
Garlic Corn Cob

DESSERT

Raspberry Bakewell
Tart

Lemon Polenta Cake

Cinnabon Swirls

Raspberry Cheesecake

Jam Roly Poly

Waffle, Chocolate
Sauce, Berries



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Crustaceans



Eggs



Tree Nuts



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Celery



Soybeans



Sesame
Seeds



Milk



Fish



Peanuts



Lupin



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