

LUNCH

Sept 1, Sept 22, Oct 13, Nov 10, Dec 1.

Senior School and Boarders

The
**WOODLAND
KITCHEN**

WEEK 1

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

SOUP

Sweet Potato &
Coconut Soup with
Homemade Bread &
Topping station

Parsnip and Carrot
Soup with Homemade
Bread & Topping
station

Leek & Potato Soup
with Homemade Bread
& Topping station

Miso Soup with
Homemade Bread &
Topping station

Winter Broth with
Pearl Barley with
Homemade Bread &
Topping station

Boxed

Boxed

MAINS

Pulled Pork Burger
With Apple Slaw

Barbacoa Beef

Herb Rubbed Roast
Chicken

Build your own Mac &
Cheese Bar

Fish Shop Friday
Battered Sausage

Grazing Board

Chicken, Salmon,
Sausage roll

Panini Station

Ham & Cheese

MAINS (V)

Squash & Spinach Pasta
with Super Seed
Topper

Chipotle BBQ pulled
Jackfruit

Butternut Squash &
Feta Parcel

Halloumi Steak with
Borlotti Chimichurri
Sauce

Sweet potato &
Chickpea Falafel
Flatbread with Mint
Yoghurt

Grazing Board
Falafel, Frittata, Cheese

Panini Station
Pesto Roast Veg & Brie

JACKETS
OR PASTA

Jacket & Sweet
Potatoes, Baked Roots
Pasta bar

Jacket & Sweet
Potatoes, Baked Roots
Pasta bar

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Potatoes, Baked Roots
Pasta bar

Jacket & Sweet
Potatoes, Baked Roots
Pasta bar

Jacket & Sweet
Potatoes, Baked Roots
Pasta bar

SIDES

Corn on the Cob, Peri
wedges, Mucho Peas

Spicy rice, Roasted
Cauliflower, Street
corn Salsa

Honey roast Carrots &
Parsnips, Green
Beans, Roast Potatoes

Toppings: Pulled Beef
Shin, Roasted Med Veg,
Crispy Onions Sides:
Garlic Bread, Tomato &
Rocket Salad

Chips, Peas & Mushy
Peas, Curry Sauce,
Beans, Chip Shop
Gravy

Roast Veg
Focaccia
Olives
Hummus
Chutney / Sauces

Cesar Salad
Ham cooked potato
chips

DESSERT

Raspberry Blondies

Assorted selection of
Dessert pots, Cut fruit
& Yoghurt pots

Lemon & Poppyseed
Shortbread

Assorted selection of
Dessert pots, Cut fruit
& Yoghurt pots

Chocolate Marble Cake
with Chocolate Sauce

Assorted selection of
Dessert pots, Cut fruit
& Yoghurt pots

Berry Mess

Assorted selection of
Dessert pots, Cut fruit
& Yoghurt pots

American Pancakes,
Fruit Compote, Ice
cream
Assorted selection of
Dessert pots, Cut fruit
& Yoghurt pots

Scones Jam & Cream

Tiramisu



For allergen & nutritional
information, please speak
to a member of the team.



Crustaceans



Eggs



Tree Nuts



Mustard



Celery



Soybeans



Sesame
Seeds



Milk



Fish



Peanuts



Lupin



Gluten



Sulphur
Dioxide



Molluscs

LUNCH

Sept 8, Sept 29, Oct 20, Nov 17, Dec 8.

Senior School and Boarders

The
**WOODLAND
KITCHEN**

WEEK 2

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

SOUP

Butternut Squash &
Chilli Soup with
Homemade Bread &
Topping station

Pea & Mint Soup with
Homemade Bread &
Topping station

Carrot & Coriander
Soup with Homemade
Bread & Topping
station

Potato & Cheese Soup
with Homemade Bread
& Topping station

Roasted Parsnip Soup
with Homemade Bread
& Topping Station

Boxed

Boxed

MAINS

Cumberland Sausages
with Onion Gravy

Slow Cooked Beef
Goulash

Roast Pork Loin with
Apple sauce &
Crackling

Chicken & Chorizo
Paella

Fish Shop Friday Beer
Battered Catch of the
day

Ramen Bowl
Roast Pork

Pizza Party
Salami & Hot Honey

MAINS (V)

Vegetable & Bean
Cassoulet with Herb
Crumb

Pesto Gnocchi Gratin

Mushroom & Bean
Stroganoff Pie

Spanish Tortilla

Fish Free Halloumi
Po'boys

Ramen Bowl
Smoked Tofu

Pizza Party
Tomato, Mozzarella &
Basil

JACKETS
OR PASTA

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Pasta bar

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Pasta bar

Jacket & Sweet
Potatoes, Baked Roots
Pasta bar

Jacket & Sweet
Potatoes, Baked Roots
Pasta bar

SIDES

Dirty Mash, Onion
Gravy, Peas

Jewelled Rice, Hispi
Cabbage, Roasted
Courgettes

Roasted Carrots,
Steamed
Broccoli, Herby new
Potatoes

Pomegranate
couscous,
Roast Cauliflower,
Green Beans

Chips, Peas & Mushy
Peas, Curry Sauce,
Tartar sauce

Spicy Broth
Shredded Vegetables
Noodles
Toppings
Chilli sauce
Boiled eggs

Pesto Potato Salad
Chop-Chop Salad

DESSERT

Carrot Cake with
Cream Cheese Frosting

Low Sugar Beetroot
Brownie

Mango & Coconut
Cheesecake

Berry & Pear Crumble
with Custard

St Clements Drizzle
Cake with Cream

Berry Mousse

Chocolate Brownie

Assorted selection of
Dessert pots, Cut fruit
& Yoghurt pots

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Crustaceans



Eggs



Tree Nuts



Mustard



Celery



Soybeans



Sesame
Seeds



Milk



Fish



Peanuts



Lupin



Gluten



Sulphur
Dioxide



Molluscs

LUNCH

Sept 15, Oct 6, Nov 3, Nov 24

Senior School and Boarders

The
**WOODLAND
KITCHEN**

WEEK 3

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

SOUP

Super Greens Soup
with Homemade Bread
& Topping station

French Onion Soup
with Homemade Bread
& Topping station

Sweetcorn Chowder
with Homemade Bread
& Topping station

Roast Tomato Soup
with Homemade Bread
& Topping station

Indian Cauliflower Soup
with Homemade Bread
& Topping station

Boxed

Boxed

MAINS

Classic Beef & Lentil
Bolognese with a
Parmesan crumb & Nut
free Pesto

Jerk Style Chicken Leg
with Jerk Gravy

Honey & Mustard
Roast Gammon

Moroccan Lamb Tagine

Katsu Style Chicken
Curry

Build Your Own Poke
Sweet Chili Salmon

Deli sandwich bar
Reuben
Coronation Chicken

MAINS (V)

Aubergine Parmigiana

Pepper & Sweet Potato
Run Down

Root Vegetable & Lentil
Wellington

Med Veg & Chickpea
Tagine

Crispy Katsu style Soy
Aubergine

Build Your Own Poke
Korean Celeriac

Deli sandwich bar
Stilton, Pea shoot &
Mango
Salmon less cream
cheese & pickled Cue s

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OR PASTA**

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Potatoes, Baked Roots
Pasta bar

SIDES

Penne Pasta, Roast
Carrots, Green Beans

Rice & Peas, Jerk
Gravy, Corn Cob

Honey roast Carrots &
Parsnips, Steamed
Broccoli, Roast
Potatoes

Pomegranate cous
cous, Roast
Cauliflower, Green
Beans

Braised Rice, Stir Fry
Greens, Pickled
Cucumber & Edamame
Salad

Nori
Sesame Rice
Raw Veg selection
Tea Egg's
Bean sprouts
Ginger Dressing

Selection of bread
Ranch salad
Street slaw
Chips

DESSERT

Apple & Berry Crumble
with
Custard Assorted
selection of Dessert
pots, Cut fruit &
Yoghurt pots

Fruit, Coconut & Mixed
seed Flapjack Assorted
selection of Dessert
pots, Cut fruit &
Yoghurt pots

Sticky Toffee Pudding
with Custard
Assorted selection of
Dessert pots, Cut fruit
& Yoghurt pots

Build your own
Yoghurt Bar with
Toppings Assorted
selection of Dessert
pots & Cut fruit

Ice cream Bar
Assorted selection of
Dessert pots, Cut fruit
& Yoghurt pots

Mango Porridge &
Seeds

Strawberry Trifle



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