

# Weekly Menu

WEEK 2

Sept 8, Sept 29, Oct 20, Nov 17, Dec 8.

Junior School

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

### SOUP

Butternut Squash & Chilli Soup with Homemade Bread & Topping station

Pea & Mint Soup with Homemade Bread & Topping station

Carrot & Coriander Soup with Homemade Bread & Topping station

Beetroot & Coconut Soup with Homemade Bread & Topping station

Roasted Parsnip Soup with Homemade Bread & Topping Station

### MAINS

Pork Sausages with Gravy

Slow Cooked Beef Goulash with baby onions and carrots

Roast Pork Loin with Apple sauce & Crackling

Chicken Paella

All American hotdogs with toppings

### MAINS (V)

Vegetable & Bean Cassoulet

Pesto Gnocchi Grattan with courgettes and white beans

Mushroom & Bean Stroganoff Pie

Vegetarian paella with butterbeans and chickpeas

Vegan Hot Dogs with all toppings

### JACKETS OR PASTA

Jacket Bar with Toppers

Pasta bar with Sauces

Jacket Bar with Toppers

Pasta bar with Sauces

Jacket Bar with Toppers

### SIDES

Mash, Gravy, Peas

Rice, Sweetcorn, Roasted Courgettes

Roasted Carrots, Steamed Broccoli, Herby new Potatoes

Roast Cauliflower, Green Beans

Chips, Peas, Curry Sauce, Beans, ketchup and mayo

### DESSERT

Carrot Cake with Cream Cheese Frosting

Low Sugar Beetroot Brownie

Mango & Coconut Cheesecake

Berry & Pear Crumble with Custard

St Clements Drizzle Cake with Cream

Dessert pots, Cut fruit & Yoghurt pots

Dessert pots, Cut fruit & Yoghurt pots

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For allergen & nutritional information, please speak to a member of the team.



Crustaceans



Eggs



Tree Nuts



Mustard



Celery



Soybeans



Sesame Seeds



Milk



Fish



Peanuts



Lupin



Gluten



Sulphur Dioxide



Molluscs

# WEEKLY MENU

Sept 8, Sept 29, Oct 20, Nov 17, Dec 8.

Junior School

*The*  
**WOODLAND  
KITCHEN**

WEEK 2

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

**AM  
Break  
Prep  
School**

Apple Cake

Mango & Coconut  
Smoothie

Toasted Tea cake

Spanish Frittata

Jam Crumpet



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Celery



Soybeans



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Milk



Fish



Peanuts



Lupin



Gluten



Sulphur Dioxide



Molluscs

# LUNCH

Sept 8, Sept 29, Oct 20, Nov 17, Dec 8.

Senior School and Boarders

*The*  
**WOODLAND  
KITCHEN**

WEEK 2

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

SOUP

Butternut Squash &  
Chilli Soup with  
Homemade Bread &  
Topping station

Pea & Mint Soup with  
Homemade Bread &  
Topping station

Carrot & Coriander  
Soup with Homemade  
Bread & Topping  
station

Potato & Cheese Soup  
with Homemade Bread  
& Topping station

Roasted Parsnip Soup  
with Homemade Bread  
& Topping Station

Boxed

Boxed

MAINS

Cumberland Sausages  
with Onion Gravy

Slow Cooked Beef  
Goulash

Roast Pork Loin with  
Apple sauce &  
Crackling

Chicken & Chorizo  
Paella

Fish Shop Friday Beer  
Battered Catch of the  
day

Ramen Bowl  
Roast Pork

Pizza Party  
Salami & Hot Honey

MAINS (V)

Vegetable & Bean  
Cassoulet with Herb  
Crumb

Pesto Gnocchi Gratin

Mushroom & Bean  
Stroganoff Pie

Spanish Tortilla

Fish Free Halloumi  
Po'boys

Ramen Bowl  
Smoked Tofu

Pizza Party  
Tomato, Mozzarella &  
Basil

JACKETS  
OR PASTA

Jacket & Sweet  
Potatoes, Baked Roots  
Pasta bar

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Pasta bar

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Pasta bar

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Potatoes, Baked Roots  
Pasta bar

Jacket & Sweet  
Potatoes, Baked Roots  
Pasta bar

SIDES

Dirty Mash, Onion  
Gravy, Peas

Jewelled Rice, Hispi  
Cabbage, Roasted  
Courgettes

Roasted Carrots,  
Steamed  
Broccoli, Herby new  
Potatoes

Pomegranate  
couscous,  
Roast Cauliflower,  
Green Beans

Chips, Peas & Mushy  
Peas, Curry Sauce,  
Tartar sauce

Spicy Broth  
Shredded Vegetables  
Noodles  
Toppings  
Chilli sauce  
Boiled eggs

Pesto Potato Salad  
Chop-Chop Salad

DESSERT

Carrot Cake with  
Cream Cheese Frosting

Low Sugar Beetroot  
Brownie

Mango & Coconut  
Cheesecake

Berry & Pear Crumble  
with Custard

St Clements Drizzle  
Cake with Cream

Berry Mousse

Chocolate Brownie

Assorted selection of  
Dessert pots, Cut fruit  
& Yoghurt pots

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