

BREAKFAST

WEEK 1

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Main

Poached Egg & Avo Bagel

Pancakes, Maple Bacon, Scrambled Egg

Congee Bar & Toppings

Egg Benedict
Ham, Egg, Spinach

Full English

Main
Vegetarian

Roast Balsamic tomato & Avo Bagel

Pancakes, Scrambled Egg Flat Mushroom

Congee Bar & Toppings

Egg Benedict, Egg, Spinach

Vegetarian English

Daily

Hash Browns

Danish Pastries

Pan au Chocolate

Croissants

Hash Browns

Bread

Toast Station
Butter , Preserves

Daily
selection

Selection Of Cereals
Fresh Cut Fruit
Yoghurt With Toppings

Selection Of Cereals
Fresh Cut Fruit
Yoghurt With Toppings

Selection Of Cereals
Fresh Cut Fruit
Yoghurt With Toppings

Selection Of Cereals
Fresh Cut Fruit
Yoghurt With Toppings

Selection Of Cereals
Fresh Cut Fruit
Yoghurt With Toppings



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BREAKFAST

WEEK 2

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Main

Sausage & Egg Wrap

Bacon & Cheddar Croissant

Congee Bar & Toppings

Bagel Cream Cheese & Ham

Scrambled Egg & Bacon

Main Vegetarian

Pepper, Egg & Bean Wrap

Cheese & Mushroom Croissant

Congee Bar & Toppings

Bagel Cream Cheese

Vegetarian English

Daily

Hash Browns

Danish Pastries

Pan au Chocolate

Croissants

Hash Browns

Bread

Toast Station
Butter , Preserves

Daily selection

Selection Of Cereals
Fresh Cut Fruit
Yoghurt With Toppings

Selection Of Cereals
Fresh Cut Fruit
Yoghurt With Toppings

Selection Of Cereals
Fresh Cut Fruit
Yoghurt With Toppings

Selection Of Cereals
Fresh Cut Fruit
Yoghurt With Toppings

Selection Of Cereals
Fresh Cut Fruit
Yoghurt With Toppings



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BREAKFAST

WEEK 3

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Main

Mini Bread Rolls Cream Cheese
Smoked Salmon

Hard Boiled Eggs Sliced Cheese
Salami

Congee Bar
& Toppings

Spanish Chorizo Frittata

Full English

Main
Vegetarian

Mini Bread Rolls Cream Cheese

Cup Mushroom, Egg & Tomato

Congee Bar
& Toppings

Roast Vegetable & Cheese Frittata
Pesto

Vegetarian English

Daily

Hash Browns

Danish Pastries

Pan au Chocolate

Croissants

Hash Browns

Bread

Toast Station
Butter , Preserves

Daily
selection

Selection Of Cereals
Fresh Cut Fruit
Yoghurt With Toppings

Selection Of Cereals
Fresh Cut Fruit
Yoghurt With Toppings

Selection Of Cereals
Fresh Cut Fruit
Yoghurt With Toppings

Selection Of Cereals
Fresh Cut Fruit
Yoghurt With Toppings

Selection Of Cereals
Fresh Cut Fruit
Yoghurt With Toppings



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SUPPER

WEEK 1

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SOUP	Soup of the day with Homemade Bread & Topping station	Soup of the day with Homemade Bread & Topping station	Soup of the day with Homemade Bread & Topping station	Soup of the day with Homemade Bread & Topping station	Soup of the day with Homemade Bread & Topping station
	Beef Spaghetti Bolognase	Chicken Thighs Honey & Sesame Glaze	Meatballs with a Tomato sauce	BBQ Pork Ribs	Pizza and Wings night
	Butter Bean & Paprika Enchiladas	Ginger & Soy Tofu Stuffed Mushroom	Sweetcorn Fritter, Tomato, Chilli & Lime Salsa	Smokey Bean & Red Pepper Stew With Chimichurri Dressing	Pizza night
	Sweet Potato Bar with Toppings	Pasta Bar with Sauces	Sweet Potato Bar with Toppings	Pasta Bar with Sauces	Sweet Potato Bar with Toppings
	Garlic Broccoli Garlic Bread	Sticky Rice, Stir Fried Vegetables, Edamame Beans	Roasted Butternut Squash, Tagliatelle, Buttered Savoy Cabbage	Roasted Cauliflower, Green Beans, Peri Peri Potato Wedges	Mixed Salad Platter, Ranch sauce, Garlic Mayo
DESSERT	Cookies	Fresh Fruit Platter	Chocolate Cake	Fresh Fruit Platter	Build your own ice cream bar



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SUPPER

WEEK 2

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SOUP

Soup of the day with Homemade Bread & Topping station

Soup of the day with Homemade Bread & Topping station

Soup of the day with Homemade Bread & Topping station

Soup of the day with Homemade Bread & Topping station

Soup of the day with Homemade Bread & Topping station

MAINS

Carbonara with topping bar

Chicken & Chorizo Paella

Hoi Sin Chicken Thigh

Buffalo Wings

Katsu Chicken

MAINS (V)

Mushroom & Lentil Pie with Sweet Potato Top

Taco Tuesday
Roasted Butternut & Black Bean Tacos

Braised Chilli, Sesame and Garlic Tofu

Bang Bang Cauliflower and Haloumi burgers

Aubergine Moussaka

JACKETS OR PASTA

Sweet Potato Bar with Toppings

Pasta Bar with Sauces

Sweet Potato Bar with Toppings

Pasta Bar with Sauces

Sweet Potato Bar with Toppings

SIDES

Toppings: Crispy bacon
Parmesan Crumb Sides: Garlic bread, Roasted vegetables

Corn on the Cob
Green Beans
Broccoli

Grilled Pac Choi
Soy Aubergine
Sticky Rice

Garlic & Parsley Corn Ribs, BBQ beans
Sweet Potato Fries

Sticky rice
Steamed cabbage
Mixed Salad Platter

DESSERT

Crumble & Cream

Fresh Fruit Platter

Chocolate Brownie

Fresh Fruit Platter

Build your own ice cream bar



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SUPPER

WEEK 3

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SOUP	Soup of the day with Homemade Bread & Topping station	Soup of the day with Homemade Bread & Topping station	Soup of the day with Homemade Bread & Topping station	Soup of the day with Homemade Bread & Topping station	Soup of the day with Homemade Bread & Topping station
	Grilled Chicken Legs	Pork Sausage Chilli Dogs	Lasagna	Sweet & Sour Chicken Wings	Sushi and Gyoza night with soy and wasabi
	Sweet Potato Falafel with Yoghurt Dressing & Flatbreads	Vegan Sausage Chilli Dogs	Butternut and feta Pasty with buttered mash	Herb Crusted Sweet & Sour Veggie balls	Vegetarian Sushi
	Sweet Potato Bar with Toppings	Pasta Bar with Sauces	Sweet Potato Bar with Toppings	Pasta Bar with Sauces	Sweet Potato Bar with Toppings
	Potato Chips Garlic Broccoli & Cauliflower Fresh Salad Platter	Hot Dog Rolls Beef Chilli Bean Chilli Sauerkraut Crispy Onions Nacho Cheese Sauce	Garlic Bread Green Beans Fresh Salad Platter	Spicy Rice Noodles Stir Fry Greens Asian Slaw	Assorted Gyoza with sweet chilli
DESSERT	Tiramisu	Fresh Fruit Platter	Lemon Posset	Fresh Fruit Platter	Chocolate roulade



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