

Weekly Menu

WEEK 1
PRE
PREP

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MEAT
MAIN

Chicken & Leek Pie

Butter chicken

Roast Chicken

Mac & Cheese

Battered chicken

VEGGIE
MAIN

Vegan Sausage Rolls

Thai red sweet potato & coconut curry

Butternut Squash & Feta Pinwheel

Mozzarella Steak with Marinara Sauce

Sweet potato & Chickpea Falafel

JACKETS
OR
PASTA

Jacket Potato with Baked beans & cheese or plain Pasta

SIDES

Creamy mash potato
Green beans
Cabbage

Papadums
Rice
Sweetcorn

Swede & Carrot puree,
Peas, Roast Potatoes

Crispy Beef, Garlic Bread,
Cucumber, Carrot & Tomato

Chips, Baked Beans, Tomato sauce

DESSERT

Jam Sponge

Giant Cookie

Chocolate Marble Cake with Chocolate Sauce
Fruit & Yoghurt pots

Oaty Crumble & Custard

American Pancakes, Fruit Compote, Ice cream
Fruit & Yoghurt pots

Fruit & Yoghurt pots

Fruit & Yoghurt pots

Fruit & Yoghurt pots



For allergen & nutritional information, please speak to a member of the team.



Crustaceans



Eggs



Tree Nuts



Mustard



Celery



Soybeans



Sesame Seeds



Milk



Fish



Peanuts



Lupin



Gluten



Sulphur Dioxide



Molluscs

Weekly Menu

WEEK 2
PRE
PREP

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MEAT
MAIN

Cumberland Sausages with
Onion Gravy

Sweet & Sour Chicken

Roast Pork Loin with Apple
sauce

Beef lasagna

Battered Catch of the day

VEGGIE
MAIN

Vegetable & Bean Cassoulet

Spring rolls

Pesto & cheese pinwheel

Pesto Gnocchi Gratin

Stuffed Mushrooms

JACKETS
OR
PASTA

Jacket Potato with Baked
beans & cheese or plain
Pasta

SIDES

Mash Potato, Onion Gravy,
Peas

Rice
Prawn crackers
Stir fried vegetables

Carrots, Steamed Broccoli,
Herby new Potatoes

Garlic Bread

Chips, Peas & Tomato Sauce

DESSERT

Carrot Cake with Cream
Cheese Frosting

Chocolate Brownie

Winter Berry Cheesecake

Pear Crumble with
Custard

St Clements Drizzle Cake
with Cream

Fruit & Yoghurt pots



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Crustaceans



Eggs



Tree Nuts



Mustard



Celery



Soybeans



Sesame Seeds



Milk



Fish



Peanuts



Lupin



Gluten



Sulphur Dioxide



Molluscs

Weekly Menu

WEEK 3
PRP
PREP

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MEAT
MAIN

Beef Stew & dumplings

Beef Chilli

Roast Gammon

Carbonara

Cheese & Tomato Pizza

VEGGIE
MAIN

Mixed Bean & Halloumi Stew

Quorn Vegetable Chilli

Cheese & Tomato Pinwheel

Creamy Courgette & Aubergine Lasagne

Cheese & Tomato Pizza

JACKETS
OR
PASTA

Jacket Potato with Baked beans & cheese or plain Pasta

Boulangère potatoes
Steamed cabbage
Green beans

Tortilla chips
Rice
Sweetcorn

Honey roast Carrots & Parsnips, Steamed Broccoli, Roasted new Potatoes

Crispy bacon
Garlic bread, Roasted vegetables

Ham, BBQ Chicken
Chips
Baked Beans

SIDES

Iced Sponge

Fruit, Cranberry & Mixed seed Flapjack

Sticky Toffee Pudding with Custard
Fruit & Yoghurt pots

Apple & Berry Crumble with Custard
Fruit & Yoghurt pots

Ice cream Bar
Fruit & Yoghurt pots

DESSERT

Fruit & Yoghurt pots

Fruit & Yoghurt pots



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Crustaceans



Eggs



Tree Nuts



Mustard



Celery



Soybeans



Sesame Seeds



Milk



Fish



Peanuts



Lupin



Gluten



Sulphur Dioxide



Molluscs